



Head Over Heels

56 count, 2 wall, beginner/intermediate level

Choreographer: Andrew, Simon and Sheila (UK), January 2007

Choreographed to: "Head Over Heels" by ABBA, CD The Definitive Collection or The Visitors

Intro: 30 seconds (approx) – start on the word "very"

Walk, Walk, Kick Ball Change, Pivot 1/2, Kick Ball Change

1-2 Walk fwd R, walk fwd L

3&4 R kick-ball-change

5-6 Step pivot half turn L (6:00)

7&8 R kick-ball-change

Rock, Recover, Coaster Step, Toe Strut, Toe Strut

1-2 Rock fwd R, recover

3&4 R coaster-step

5-6 L toe-heel strut

7-8 R toe-heel strut

Rock, Recover, Shuffle 1/2, Pivot 1/4, Cross Shuffle

1-2 Rock fwd L, recover

3&4 Shuffle half turn L (12:00)

5-6 Step pivot quarter turn L (9:00)

7&8 R cross-shuffle

Rock, Recover, Weave, Rock, Recover, Weave

1-2 Rock L to side, recover

3&4 Step L behind R, step R to side, cross L over R

5-6 Rock R to side, recover

7&8 Step R behind L, step L to side, cross R over L

Side Mambo L, Side Mambo R, Rock, Recover, Shuffle 1/2

1&2 Rock L to side, recover, step L in place

3&4 Rock R to side, recover, step R in place

5-6 Rock fwd L, recover

7&8 Shuffle half turn L (3:00)

Rock, Recover, Shuffle 1/2, Pivot 1/2, Kick Ball Change

1-2 Rock fwd R, recover

3&4 Shuffle half turn R (9:00)

5-6 Step pivot half turn R (3:00)

7&8 L kick-ball-change



Pivot 1/4, Kick Ball Change, Rock, Recover, Coaster Step

1-2 Step pivot quarter turn R (6:00)

3&4 L kick-ball-change

5-6 Rock fwd L, recover

7&8 L coaster-step

Note: On wall 3 Dance up to count **14** (L toe-heel strut)

Step pivot half turn L (12:00), Start dance again.

On wall 6 Dance up to count **4** (R kick-ball-change)

Step pivot half turn L (6:00), Step pivot half turn L (12:00), Start dance again

Quelle: Lindancer Magazin