



The Captain

Count: 32 - Wall: 2 - Level: Improver – **NO TAG / NO RESTART**

Choreographer: Joshua Talbot (AUS) - February 2021

Music: Wellerman (Sea Shanty / 220 KID x Billen Ted Remix) –
Nathan Evans, 220 KID & Billen Ted - By Amazon.com

Intro: 32 counts after the start of the lyrics

Sec.1: SIDE, TOGETHER, SHUFFLE FWD, ROCK FWD, RECOVER, 1/4 L TURN, SIDE CHASSE

1, 2 Step R to R, step L together

3&4 Step R fwd, step L together, step R fwd

5, 6 Rock L fwd, recover weight R

7&8 1/4 turn L step L to L, step R together, step L to L - **(9.00)**

Sec. 2: CROSS, SIDE, SAILOR, CROSS 1/4 L TURN STEP BACK, 1/2 L TURN, SHUFFLE FWD

1, 2 Cross R over L, step L to L

3&4 Step R behind L, step L to L, step R to R

5, 6 Step L over R, 1/4 L turn, step R back **(6:00)**

7&8 1/2 L step L fwd, step R together, step L fwd - **(12.00)**

Sec. 3: HEEL JACK, HOLD, TOUCH, TOUCH, SIDE ROCK, RECOVER, CROSS CHASSE

&1, 2 Jump R back, touch L heel fwd, HOLD

&3&4 Step L together, touch R next to L, step R together, touch L next to R

&5,6 Step L together, rock R to R side, recover weight L

7&8 Cross R over L, step L to L, cross R over L

Sec. 4: 1/2 R TURN, SHUFFLE FWD, DIAGONAL R STEP LOCK STEP FWD, DIAGONAL L STEP LOCK STEP FWD

1, 2 1/4 R step L back, 1/4 R step R fwd **(6.00)**

3&4 Step L fwd, step R together, step L fwd

5&6 Step R to R diagonal, lock L behind R, step R to R diagonal

&7 Step L to L diagonal, lock R behind L

8 Stomp L fwd

(Make sure you pause between counts 7 - 8 to get a nice big stomp) **[32]**

**Finish: Dance to the last count of wall 6
finishing with a nice big stomp-Hands Out**

Last Update - 27 Feb. 2021

Quelle: <https://www.copperknob.co.uk>