



We Get One Shot

Count: 48 - Wall: 4 - Level: High Improver

Choreographer: Daniel Trepát (NL), Rob Fowler (UK) & Darren Bailey (UK) Aug. 2015

Music: One Shot by Rob Thomas

Intro: 4 counts from first beat in music (app. 2 sec. into track). Start when he starts singing

[1 – 8] Side, Together, Half Rumba Box, Side, Together, Half Rumba Box

1-2 Step R to R side (1), Step L next to R (2) 12:00

3&4 Step R to R side (3), Step L next to R (&), Step R forward (4) 12:00

5 – 6 Step L to L side (5), Step R next to L (6) 12:00

7&8 Step L to L side (7), Step R next to L (&), Step L backwards (8) 12:00

[9 – 16] Coasterstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R cross

1&2 Step R backwards (1), Step L next to R (&), Step R forward (2) 12:00

3 – 4 Step L forward (3), ¼ turn L stepping R to R side (4) 9:00

5&6 Cross L behind R (5), Step R on ball to R side (&), Step L to L side (6) **9:00**

7&8 Cross R behind L (7), ¼ turn R stepping L back (&),
¼ turn R crossing R over L (8)

3:00

[17 – 24] Side with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x

1- &4 Step L to L side (start shimmy shoulders) (1), Continue Shimmy's (2),
Step R next to L & finish shimmy's (3), Clap (&), Clap (4) 3:00

5- &8 Step R to R side & start shimmy shoulders (5), Continue Shimmy's (6),
Step L next to R & finish shimmy's (7), Clap (&), Clap (8) 3:00

[25 – 32] Rock & Cross 2x, ¾ Volta turn R, Ball Step

1&2 Rock R to R side (1), Recover on L (&), Cross R over L (2) 3:00

3&4 Rock L to L side (3), Recover on R (&), Cross L over R (4) 3:00

5&6&7 ¼ turn R stepping R forward (5), Step L on ball next R (&),
¼ turn R crossing R over L (6), Step L on ball next R (&),
¼ turn R crossing R over L (7)

12:00

&8 Rock L to L side on ball (&), Recover on R (8) 12:00 **** 8 stomp L-RESTART**

[33 – 40] Cross & Rock 2x, Mambo & back, Shuffle back with Knee action

1&2 Cross L over R (1), Rock R to R side (&), Recover on L (2) 12:00

3&4 Cross R over L (3), Rock L to L side (&), Recover on R (4) 12:00

5&6 Rock L forward (5), Recover on R (&), Step L back (6) 12:00

7&8 Step R back & lift L knee (7), Step L next to R (&),
Step R back & lift L knee (8) 12:00

[41 – 48] Mambo L & R, $\frac{3}{4}$ turn L (walking L, R, L, R, L)

1&2 Step L to L side (1), Recover on R (&), Step L next to R (2) 12:00

3&4 Step R to R side (3), Recover on L (&), Step R next to L (4) 12:00

5-8 While doing count 5 to 8 turn $\frac{3}{4}$ turn L - Walk L (5), Walk R (6),
Walk L (7), Walk R (&), Walk L (8)

3:00

**Restart - In the 5th & 6th Wall – (12.00) you will do a Restart after 32 counts,
but count 32 you have to stomp L next to R**

Quelle: copperknob

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